

# HORNSBY DOG TRAINING CLUB INC

(Affiliated with Dogs NSW)



## The Post

September 2014

### TRAINING INFORMATION

#### Contact Us

Email [hornsbydogtrainingclub@hotmail.com](mailto:hornsbydogtrainingclub@hotmail.com)

Website [www.hornsbydogtrainingclub.org.au](http://www.hornsbydogtrainingclub.org.au)

Post P O Box 3257, Asquith NSW 2077

**WHERE:** Rofe Park, Galston Rd, Hornsby Heights

**WHEN:** Sundays (*rain, hail or shine except long weekends*)

**CHECK-IN:** All dogs must be checked-in prior to training. Please do not allow your dog to approach others until check-in is complete.

**COST**—A **\$2.00 ground fee** is payable at check-in—Put your money in the tin on the table

*Please keep your dog on lead and under control with a responsible person at all times both before and during class.*

Please ensure your dog or puppy has been

**FULLY VACCINATED** before coming to training.

We also recommend vaccination against kennel cough. Talk to your vet for further information.

*The Hornsby Dog Training Club teaches obedience exercises for dogs of all ages, shapes and sizes on Sunday afternoons.*

*The club is run entirely by friendly volunteers who enjoy seeing new dogs progress through the classes to become good canine citizens.*

*The Club welcomes new members looking for an obedient and friendly family pet, and those wishing to proceed further to the field of competitive obedience trialing.*

#### CLASS TIMES:

**Puppy Class:** 1:00 - 2:00pm

**Introduction Class –New**

**Members** 2:00 - 3:00pm

**Class 1:** 3:00 - 4:00pm

**Class 2:** 3:00 - 4:00pm

**Class 3:** 3:00 - 4:00pm

**Class 4:** 3:00 - 4:00pm

**Advanced & Trialing:** 2:00 - 3:00pm

**TESTING: All Classes** 2:30 - 2:45pm

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**Free Barbecue the 2nd Sunday of every month from 1.30pm**

Remember dogs on lead always until 4 pm.

**Annual General Meeting and you're Invited!**

**The Annual Committee Meeting will be held this Friday**

**When: 26th of September at arrive 7pm for supper for a 7:30pm start**

**Where: At the clubhouse at Rofe Park**

**RSVP for catering purposes at the clubhouse or email [hornsbydogtrainingclub@hotmail.com](mailto:hornsbydogtrainingclub@hotmail.com)**

September 2014

## Editors Report

Spring is finally here and the weather is starting to warm up. Lilly has already been for a paddle in her pool. Keith and I have been away the past few weeks on a trip, thankfully we had surrogate dogs Hondo & Lydia (pictured right), they breed those ridgebacks big in the USA with Hondo weighing in at over 70kg! He really is huge he has his own pony rug for winter.

A reminder to everyone the annual general meeting is on this Friday 26th of September it would be great to see you there, if you are able to attend please RSVP at the club house or email the club so catering can be organized. At the meeting there is discussion about the running of the club and committee positions.

I would also like to issue an apology to Shirley Deffert, she significantly contributed to the article on page 4 of the last post on grooming. The club and I would sincerely like to thank her for all her contributions.

I would love some funny dog pictures to add to the next post if anyone has any of their pooch please send them to me. As always if you would like anything added to the post, story ideas, pet product recommendations etc., I would really love them!!! email articles and suggestions are always greatly appreciated!! Email :evilmot@iinet.net.au



Above: Lydia



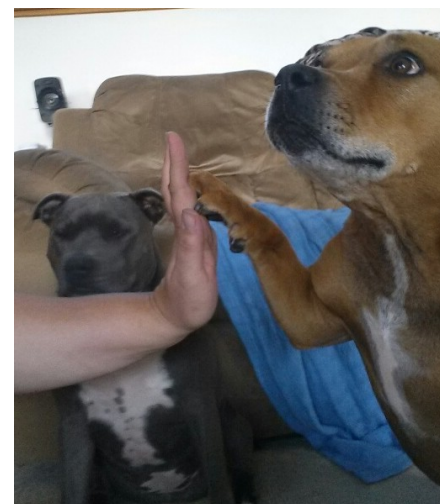
Right: Hondo

## Tricks: Hi 5

One of Lilly and George's favourite tricks is Hi 5, training your dog to Hi 5 is a great trick it encourages the dog to allow you to touch its paws and also looks great!

1. Start by teaching your dog shake, this is done by picking your dog's paw up, then use your marker word and reward with a good treat. Do this around 10 – 20 times.
2. Offer your hand, you may need to wait a little see if the dog offers you his paw. If not repeat step one. Remember to encourage your dog and make it fun!
3. Once you have mastered shake gradually move your hand up until you can have it ready to take a Hi 5

Remember to make training sessions short and fun, if the dog can't figure it out this time end on something he does know like sit so training is always a positive experience. Once you have mastered Hi 5 you can progress into teaching your dog Hi 10 and to wave bye bye.



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**Website** [www.hornsbypdogtrainingclub.org.au](http://www.hornsbypdogtrainingclub.org.au)

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We like to hear from our members — Contact the committee if you have questions, if you would like to make suggestions, or to offer help and support.

For the Post email:  
evilmot@iinet.net.au

## Dogs in Spring

Spring has arrived and with it comes an increase in plant, animal and insect activity. It is a good time to brush up on a bit of Dog first aid with an increase in bees, snakes and plants that can cause reactions in your pooch.

### Bees



Just a few weeks ago Lilly stepped on a bee while at training, while we were lucky and she was not allergic, however in some cases dogs can have severe reactions to bee stings. While in most cases being stung is just an irritation for the dog if the dog is allergic, stung multiple times or is stung in the face or mouth it may require a trip to the vet. Firstly if the stinger is present try to remove it by scraping it out with a fingernail, avoid using tweezers unless absolutely necessary as this may force more venom out of the stinger, then try to keep your dog as quiet as possible.

If your dog has been stung, watch your dog closely after the incident if they develop general weakness, difficulty breathing or a large amount of swelling extending away from the site. If they do, your dog may be having a serious reaction and needs to be taken to the vet. Be especially careful if your dog has been stung on the face or mouth as the swelling can block the dog's airway.

### Snakes

Snakes become increasingly active as the weather gets warmer and pose a serious threat to your dog if bitten. If you suspect your pet has been bitten by a snake you should immobilise your pet and try to keep him/her as quiet as possible. Most snake bite wounds are not visible but if a limb has been bitten, bandage the entire leg firmly to limit venom movement through the lymphatics. Do **not** use a tourniquet to cut off circulation. It is vital that you take your pet to a veterinarian as quickly as possible. The sooner your pet is treated, the better their chances of survival.

Signs of a snake bite include:

- ◆ Localised swelling and irritation
- ◆ Vomiting
- ◆ Drooling and trembling
- ◆ Dilated pupils
- ◆ Involuntary bladder or bowel release
- ◆ Red or brown discolouration of urine
- ◆ Rapid breathing and/or panting
- ◆ Bleeding from bite wounds or bloody diarrhoea
- ◆ Collapse. An animal may collapse immediately but then apparently recover, then develop symptoms over the course of the next hour
- ◆ Paralysis (starting with the hind legs and progressing towards the head)

It is always best if you can call ahead to the vet to let them know you are coming.

### Plants

In spring with the increase in plant growth and pollen many cause some dogs to suffer from allergies. Things such as increased scratching, red patches on skin, hives and increased sneezing can all be signs of allergies in dogs. If you think your dog may be suffering from allergies it is best to speak with your vet they will be able to help you work out what your dog may be allergic to and also treatment for the symptoms. Sometimes it can just be as simple as a quick rinse under the hose after walk to reduce the reaction.



# Dog Treats

After the last Posts article on dog weight I thought it appropriate this time to go the other way and look at some dog treats you and the family can make at home.

## Dog Biscuits

You can adjust these biscuits and add some of your dogs favourite ingredients

### Ingredients

- ◆ 2 ½ cups Flour or Oats
- ◆ 1 tsp. salt (or less)
- ◆ 1 egg
- ◆ 1tsp Chicken or Beef stock powder
- ◆ ½ cup hot water
- ◆ **Optional Add ins**
- ◆ Bacon or chicken broth, eggs, oats, wheat germ, shredded cheese, bacon, carrots or even sardines

### Directions

1. Preheat oven to 180 Celsius
2. Dissolve stock in hot water
3. Add remaining ingredients
4. Knead dough until it forms a ball (approximately 3 minutes)
5. Roll dough until ½ inch thick
6. Cut into slices or bone shapes (you can purchase a bone shaped cookie cutter to make shapes with)
7. Place dough pieces on lightly greased cookie sheet
8. Cook for 30 minutes



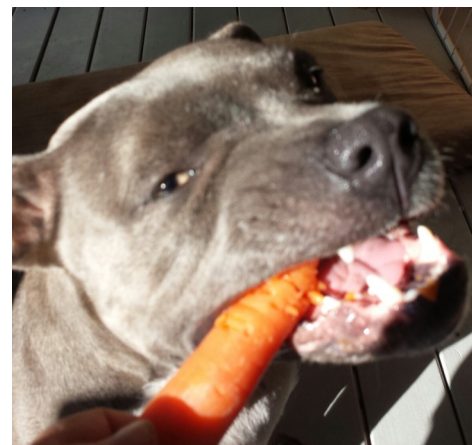
## Chicken Jerky (for Dogs)

### Ingredients:

- Chicken Breast Fillets

### Directions

1. Preheat oven to 100 Celsius
2. Lightly spray a baking sheet with non-stick spray.
3. Rinse off chicken breast and remove any fat.
4. Slice the chicken with the grain. This will help make the jerky even chewier for your dog. The slices should be very thin, about 1 to 2 cm thick
5. Place the strips on the baking sheet.
6. Bake for approximately 2 hours (see note below).
7. Remove from oven and cool on a wire rack until completely cool.
8. Cut strips into bite sized pieces.



Lil just loves her carrots!

**Storing:** These homemade dog treats may not last long enough to be stored because they are so good. But, just in case they do, store them in the refrigerator for 3 weeks. Freeze any remainder for up to 8 months. It is better to overcook than undercook ensure the jerky is firm not spongy.

Below is a brief list of fruits and vegetable treats that have been found to go over well with a lot of pets, followed by a list of foods you will need to avoid. This is by means a complete list

Yes:

Blueberries, Strawberries, Watermelon - without seeds, Frozen Bananas, Green Beans, Carrots - raw or cooked, Sweet Potato, Squash, Zucchini, Lettuce, Spinach, Popcorn - unsalted and unbuttered

No:

Grapes and Raisins, Garlic and Onions, Tomatoes, Avocado, Mushrooms.